

Procedural Competency Evaluation

STUDENT:

DATE:

BREATHING EXERCISES		PERFORMANCE LEVEL	PERFORMANCE RATING
Evaluator: <input type="checkbox"/> Peer <input type="checkbox"/> Instructor	Setting: <input type="checkbox"/> Lab <input type="checkbox"/> Clinical Simulation		
Equipment Utilized:	Conditions (Describe):		
Performance Level: S or ✓ = Satisfactory, no errors of omission or commission U = Unsatisfactory error of omission or commission NA = Not applicable			
Performance Rating: 5 Independent: Near-flawless performance; minimal errors; able to perform without supervision; seeks out new learning; shows initiative; A = 4.7–5.0 average 4 Minimally Supervised: Few errors, able to self-correct; seeks guidance when appropriate; B = 3.7–4.65 3 Competent: Minimal required level; no critical errors; able to correct with coaching; meets expectations; safe; C = 3.0–3.65 2 Marginal: Below average; critical errors or problem areas noted; would benefit from remediation; D = 2.0–2.99 1 Dependent: Poor; unacceptable performance; unsafe; gross inaccuracies; potentially harmful; F = < 2.0 <i>Two or more errors of commission or omission of mandatory or essential performance elements will terminate the procedure, and require additional practice and/or remediation and reevaluation. Student is responsible for obtaining additional evaluation forms as needed from the Director of Clinical Education (DCE).</i>			
EQUIPMENT AND PATIENT PREPARATION			
1. Common Performance Elements Steps 1–8 (Refer to Appendix B)			
ASSESSMENT AND IMPLEMENTATION			
2. Common Performance Elements Steps 9 and 10 (Refer to Appendix B)			
3. Assesses vital signs, SpO ₂ , VC, peak flow, and MIP prior to instruction			
4. Instructs the patient on the pursed-lip breathing technique (1:2 ratio, at least 1:3)			
5. Performs a 6-minute walk			
A. Walks with the patient on level ground for 6 minutes as tolerated			
B. Has a wheelchair and oxygen device available at all times			
C. Measures the distance walked			
D. Monitors the SpO ₂ , pulse, respiratory rate, and blood pressure			
6. Instructs the patient in abdominal breathing techniques			
A. Has the patient lay down in supine or slight Trendelenburg position as tolerated			
B. Places one hand on the patient's epigastric area and one hand on the upper chest			
C. Asks the patient to "sniff" or "pant" to feel diaphragmatic movement			
D. Instructs the patient to take a slow deep breath through his/her mouth and exhale through pursed lips			
E. Applies firm pressure during inspiration			
F. Replaces hands with a light book or other object and instructs the patient to practice			
7. Repeats the procedure in a more elevated position			
8. Repeats the procedure while sitting and walking, as tolerated			
9. Instructs the patient in relaxation techniques			
A. With the patient in a supine position, performs head-to-toe relaxation techniques			
10. Instructs the patient in inspiratory muscle resistive training techniques (see PCE for Muscle Training)			
FOLLOW-UP			
11. Common Performance Elements Steps 11–16 (Refer to Appendix B)			

SIGNATURES

Student:

Evaluator:

Date:
